

The Chase Sailing Club Risk Assessment

Activity: Windsurfing			Location: Lake & Creek	
Hazard	Risk	Who	Risk Rating	Control Measures
Carrying and using equipment	Personal injury	All	Medium	Instructor to ensure that participants are physically capable of moving boards Individuals to work in pairs to move boards where appropriate All participants to wear footwear Instruction on correct and appropriate technique All participants on supervised sessions under the age of 16 to wear helmet. Over 16's to wear a helmet at the discretion of the instructor Visual inspection of equipment prior to start of session
Water	Drowning Hypothermia Illness	Instructors Students	Medium	All participants to wear buoyancy aids All participants must be confident in water but not necessarily swimmers Instructors to carry adequate equipment Monitor water for any pollution Suitably qualified staff with good group control Instructor to use safety boat where appropriate
Other boards and craft	Personal injury	All	Low	Briefing of group regarding appropriate behaviour at start of water based activity Instructor to observe group and other lake users whilst activity taking place
Jetty's	Personal injury	Instructors Students	Low	Instructor to be aware of location and construction of jetty in relation to group
Weather	Hypothermia Sunstroke	Instructors Students	Medium	Correct clothing and equipment worn for weather and water conditions i.e. wetsuit if water temperature is less than 10oC Proximity of warm building Adequate protection from sun
High winds	Personal injury	Instructors Students	Medium	Session to take place in appropriate conditions for ability and attitude of group